

Grommets

Post-operative Information

Post-surgery care

1. After surgery you will be given drop to use in the ear(s). You will use 3 drops per day, in operated ear for 3 days.
2. Try to keep the ears as dry as possible.
 - We recommend using ear plugs while in the bath or swimming.
 - Our office has proper fitted ear plugs for recommended protection or extra precaution while swimming or bathing.
 - Alternative to the ear plugs would be a cotton ball in the outer ear canal with Vaseline to make a seal.
 - Submerging your head under bath water is not recommended. Showering is preferable.
3. Please telephone 9300 9800 for a post operative appointment.
4. Generally tubes will stay in place for 6–18 months unless long term tubes are placed. You will be informed prior to surgery if long term tubes are needed.

When to call the office

You should call our office if you develop a **FEVER GREATER THAN 38.5 degrees Celsius:**

- If you develop a low grade (below 38.5) fever, you make take Panadol, use as directed from the manufacturer.

Bright red bleeding from the ear canal in moderate amounts.

- Blood tinged discharge may occur for up to 3 days after surgery, please call our office if you experience heavy bright red bleeding.
- If you notice drainage that smells and is crusting in and/or around the ear canal, the patient will need an appointment for an exam.